

volume 1



# Color-in-Flowers

*A little book of original  
artwork by Cat Whipple  
for your coloring pleasure.*

*Comes with quotes on flowers  
by famous people.*

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Part of the coloring therapy of the  
[www.self-help-healing-arts-journal.com](http://www.self-help-healing-arts-journal.com)

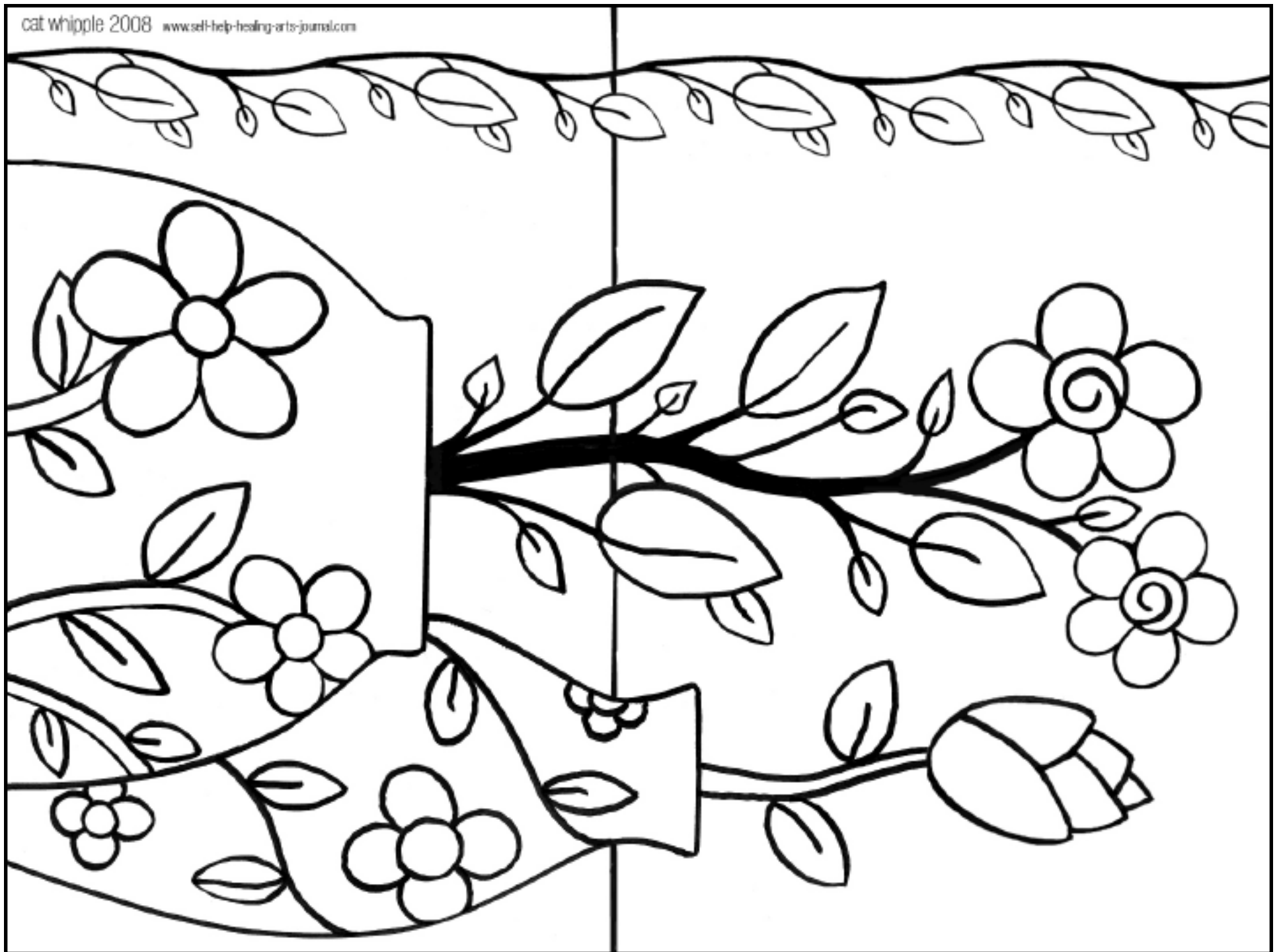
**A few ideas for using this ebook:**

Color in with crayons and markers.

Print, bind with ribbon, and give as a gift.

Hold a coloring class with friends in a secret garden.

Use quotes on collage and art journaling pages.



*“I’d rather have roses on my table  
than diamonds on my neck.”*

- Emma Goldman

*“Each flower is a soul  
opening out to nature.”*

- Gerald De Nerval

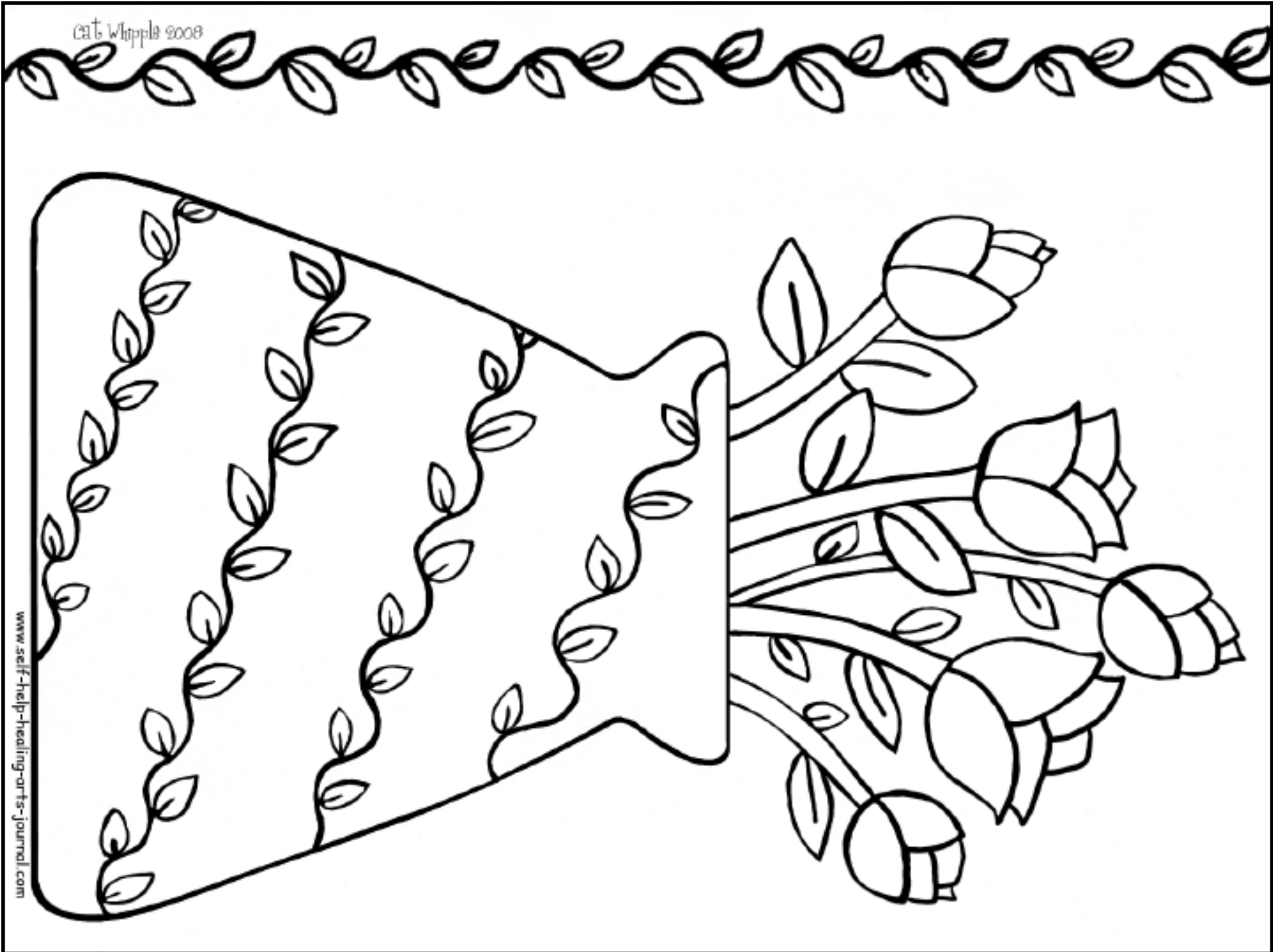
**“THERE CAME A TIME  
WHEN THE RISK TO REMAIN  
TIGHT IN THE BUD  
WAS MORE PAINFUL  
THAN THE RISK IT TOOK  
TO BLOSSOM”**

– Anais Nin

*“Perfumes are the  
feelings of flowers.”*

- Heinrich Heine

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“ARE NOT FLOWERS  
THE STARS  
OF THE EARTH,  
AND ARE NOT  
OUR STARS  
THE FLOWERS OF  
THE HEAVEN.”

- A.J. Balfour

“If you pass by  
the color purple in a field  
and don't notice it,  
God gets real pissed off.”

- Alice Walker

*“The Earth  
Laughs in Flowers”*

- Ralph Waldo Emerson

“Flowers are love's  
truest language.”

- Park Benjamin



*“With a few flowers  
in my garden,  
half a dozen pictures  
and some books,  
I live without envy.”*

- Lope de Vega

“If seeds in the black earth  
can turn into such  
beautiful roses,  
what might not the heart  
of man become in  
its long journey  
toward the stars.”

- G.K. Chesterton

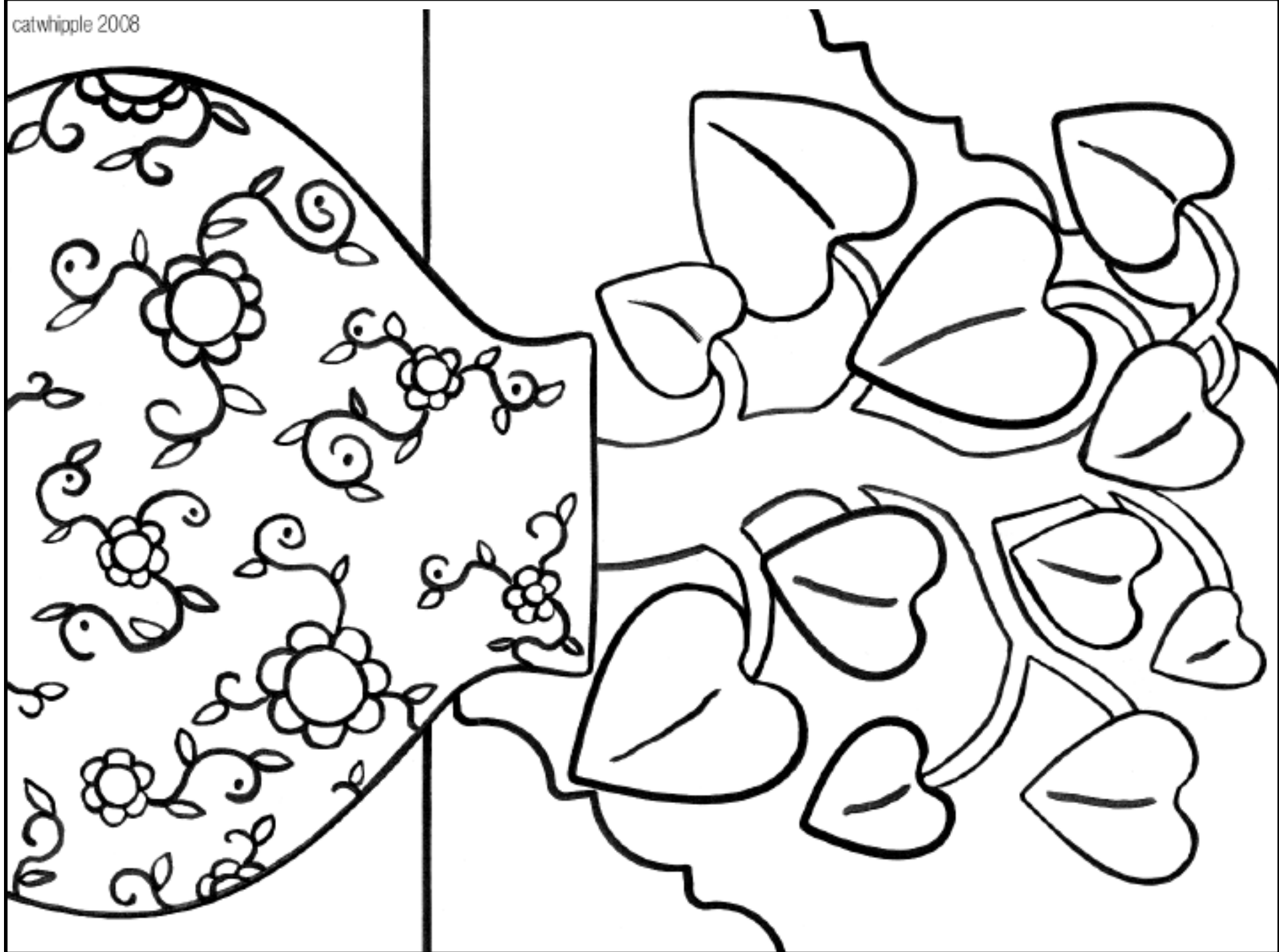
“The flower is the poetry  
of reproduction.  
It is an example of the  
eternal seductiveness of life.”

- Jean Giraudoux

“I held a moment in my hand,  
brilliant as a star,  
fragile as a flower,  
a tiny sliver of one hour.”

- Hazel Lee quotes

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*"And then my heart  
with pleasure fills.  
And dances with daffodils."*

- William Wordsworth

*"Bloom where you are planted."*

- Mary Engelbreit

**"I don't know whether nice  
people tend to grow roses,  
or growing roses makes  
people nice."**

- Roland A. Browne

*"Flowers are words  
which even a baby  
can understand."*

- Arthur C. Coxe



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